

Principal's Message

Welcome to the Volume 13 edition of the newsletter.

Our school has completed our second block and is well into third. As we reflect on the many things for which we are thankful, I want to take this opportunity to share few of them with you:

We are thankful to our students who come to school every day ready to learn and live by our core values. They give us all a daily reminder of what is important, why we are here and what best can be done to nurture them. We are thankful for the support of the parents in creating an outstanding partnership for our students. We are thankful for the teachers, assistants, bus drivers, nurse, kitchen team, support staff, and administrators who really care about student achievement and have the best interests of our students at heart.

We are also thankful to our academic partners, parents and all the stakeholders who enthusiastically contribute so much to our school. We appreciate your continuous support in these most difficult and challenging times. We see dedicated and tireless individuals going above and beyond to make sure that great things happen in our school. They do make a difference, and the children, in their own individual ways, benefit from those efforts.

So please help me thank our IWS team for organizing an amazing Dashain and Tihar fest. One of the most joyous times of the year is when we celebrate festivals together as a family. Nepal is one of the most vibrant countries in the world, with an infinite number of festivals, each with its own unique tradition and purpose. With the motive of providing an opportunity to our young learners to learn so many values and skills to be able to feel a sense of connection with their own culture and that of others. We believe the celebration organized at IWS has certainly contributed in transforming their social behavior, increasing their cultural understanding, leading to cognitive development. Likewise, many academic activities were conducted such as quiz, essay writing, debate and during these events children imbibed skills like being empathetic, taking responsibility, and having compassion for each other leading to the development of some essential social skills.

At Imperial we have always believed in providing students a holistic education, by balancing academics with physical education and we hope that our school will continue to develop. I am overwhelmed to share that the IWS annual sports meet 2022 was organized after 3 years of covid disruption. As a matter of fact



sports hold a special place in our life because it not only keeps us physically fit but it works as a mental booster as it creates a chemical in our brain and because of that exertion our body gets rejuvenated. And moreover it keeps our brain active and even helps in sharpening our academic level. The collaboration and teamwork that our students demonstrated reflected that sports is not only about winning but it is also about working in a team, learning to collaborate, and use the skills or techniques in the best possible ways.

Sports teach teamwork, discipline and integrity. I hope our students will exhibit this kind of teamwork in day-to-day life be it in the classroom, school premises or outside the school. The bonding, laughter, fun and happiness that we shared during sports meet will be cherished as lasting memories.

Last but not the least, I am delighted to share with you that our students took part in various inter school competitions. Our students have been exhibiting a plethora of talents in the school and competing amongst schools around which gave them a real confidence to break their boundaries and explore inner potential. Our students also participated in the International Model United Nations program organized by Ratobangla school. Through this, participants acquired skills like research, public speaking, debating and writing in addition to critical thinking, teamwork and leadership. With the motive to connect the learning with the real world, many field trips and tours were organized throughout the block. This helped in strengthening the socio emotional growth and enriched them with hands-on experience. Mathematics enthusiasts from our school participated in the Iranian Geometry Olympiad and also competed in the national selection round conducted by the Mathematics Association of Nepal for the next international mathematics Olympiad. As the second block comes to end, I look forward to continuing our legacy and instill in the students the passion for learning, sense of responsibility and moral & civic values.

Students' Column

Mechi-Karnali Fest

Lukash Singh Adhikari
Grade VII



The Mechi-Karnali Fest was organised by the students of Grade 7. This was our IMYC task for which we were given about 3 days to organise, arrange, and manage everything required. Four different programs were conducted at our fest. The programs included a cultural event, a debate competition, a quiz competition and an art competition. What made this program so special was that usually, the teachers would arrange and manage the program and the students would help them with the remaining little things, but this time it was quite the opposite. We students made all the arrangements required for this program ourselves, and the teachers helped us with the remaining. For different events, we had different teachers to guide and supervise us, like for the cultural event we had Ma'am Shova, for the art competition we had Sir Bibek, for debate we had Ma'am Dechen, and lastly, for the quiz we had Ma'am Stuti. We divided different roles amongst ourselves and made some students the main fest managers, some the event managers, and some the participants. The main managers looked after each event and

controlled everything. The event managers would look after their own respective events, and the participants would participate in different events. The cultural event was compulsory so there were 9 groups: Magar, Limbu, Tamang, Tharu, Bahun/Chettri, Dhimal, Sherpa, Newar and Gurung. The event ran smoothly and the different groups had to wear their own respective groups' cultural dresses. The event ended at around 11 o'clock and after that we had our lunch break. After the lunch break, we had the debate competition. The topic was "Can a cactus survive in a moist climate?". The program was very good and interesting. After the debate there was a quiz and there were 4 groups. All of the participants were asked various interesting questions. We had a break and then we continued on to the art competition. The contestants were given different topics and they had to draw on those topics. We were able to see very unique and amazing art pieces. The program was very fun and we got to showcase our creativity and what we learnt.

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RAINY SEASON

Evana Lamichhane Grade II

All the days of the rainy season are not always rainy. Sometimes it rains throughout the day. Such a day is called a rainy day. On a rainy day it rains all day. Roads become muddy and slippery.

Rain is a beautiful gift of nature to mother earth. We love rain. It has many good effects. It brings fertility and prosperity. Children love to play in the rain. Farmers love it too, for it brings fertility and better yield. It is so very essential for sustaining life. There is greenery everywhere. Nature looks very beautiful. I love to play in the rain.

संस्कार

आयुष्य बास्तोला कक्षा ७

कूनै जाईमा एकजना किसानको परिवार बस्छे । ती किसानका दुईजना छोरा छोरी थिए । किसान मेहनती थिए आफू दुःख गरेर भएपनि आफ्ना छोराछोरीलाई विद्यालय पढ्न पठाउँछे । छोराछोरी पनि मेहनत गरेर पढ्छे । त्यही जाईमा एकजना धनी मानिसको घर पनि थियो । उक्त धनी मानिसलाई आफ्नो समयको धेरै घनापड थियो । आफ्नो समयले आफ्ना सन्ततीलाई केही काम नगरे पनि मजाले खान पुग्छ भनेर सबैलाई धाक लगाउँदै हिँड्छे । धनी मानिसको छोराछोरीको दिमागमा पनि आफ्ना बाबूको कुरा गडेका थिए । त्यसैले उनीहरू पढाइमा पनि ध्यान दिदैनथे । विद्यालयका शिक्षक शिक्षिकाहरूले भनेको कुरा पनि मान्दैनथे ।

समय बित्दै गयो गरिब किसानका छोराछोरी मेहनत गरेर राम्रो जागिर साध्न कमाई गर्न थाले । उता धनी मानिसका छोराछोरीले राम्रो पढ्न सके नन् । उनीहरू जलत सैतले कूलतमा फर्स्दै गए । कूलतमा लागेर बिस्तारै बिस्तारै समय पनि सक्दै गए । अन्तमा धनी मानिसको सबै समयपति सकियो । तब मात्र धनी मानिसलाई थाहा भयो कि सन्तानको लागि असल संस्कार र शिक्षा नै ठूलो समयपति रहेछ । आजकल उनी सबैजनासँग यही कुरा गर्दै पढ्नो मान्दै दिन बिताउँछन् ।

MY DASHAIN VACATION

Agrata Acharya Grade: I

I like the Dashain festival. I went to Jhapa. I played swing and kite with my brother and sister. I ate lots of yummy varieties of food. I got tika and Jamara from my grandmother and grandfather. I also went to my mama house in Ilam. I saw a beautiful tea garden and horses in Ilam. I saw the big Saptakoshi river on the way and I turned back to Kathmandu.

My experience at Rato Bangla School

Arogya Dawadi Grade V



Our class Grade V Seti, went to Rato Bangla school to watch the act from the book we were reading, "Dhumdham Ko Ghumgham". When we arrived at the school, I was amazed to see how big the school was. There were 2 big football fields and 2 basketball courts. The interior was also massive, with lots of classrooms. There was even a theatre where we watched the performance. There were rooms for clay work, and there was also a wood workshop. There were many people we saw on the way to the theatre. The act was performed pleasingly, and I loved how they showcased it. Many props made the act more lively and wonderful. There was also a very good model of a frog. I enjoyed the visit to Rato Bangla School and I definitely want to go there again.

My Football Tournament Experience

Stawan Marasini Grade VII



There was a football tournament organised at Kapan Sports Center. There were many schools participating and I was very excited yet nervous for it. We had lunch at our school before we left, we got everything we needed and headed to the bus. Our game was the opening game. I was playing forward and we were against Apex Life School. I was shaking due to anxiousness, but I calmed down after the game started. Our formation was 2-1-3-1, 2 strikers, 1 midfielder, 3 defenders and 1 goalkeeper. We had another game with Euro School. I didn't play this game because there were other people who had not gotten a chance to play. I was hoping and expecting this game to go better but luck was surely not on our side because we lost the game by one goal so the score was 0-1. There were some of our teammates who were thinking of quitting football but I knew deep inside me quitting would not be the solution. After we returned to school everyone was asking about the game but I didn't utter a word due to disappointment. All of us knew there was much more room for improvement and we admitted our defeat.

My Trip To India

Aarya Bikram Rana Grade VIII

I went to India to visit one of the most important religious sites known in the Hindu mythology, The Kamrup Kamakhya Temple in Guwahati, Assam. My trip started from TIA (Tribhuvan International Airport) on August 24, 2022. It was a 5 day trip where I went to relax and successfully returned home in a jolly mood. I went with my 10 aunts and sisters. We went to pray for the good luck and welfare of our families, but we must have been surrounded by misfortune as there was a delay at the beginning of the journey.

Firstly, our journey started on a Yeti airlines flight from Kathmandu to Bhadrapur, Jhapa. The flight was cool and calm, and we had taken off on time. We then landed perfectly, thanks to the skillful crew members. The weather was sultry. I was drenched in sweat within 5 minutes, taking my first step in Bhadrapur. When we reached Bhadrapur it was already our lunch time so we got into the jeeps and went to have exotic food. The scenery on the way made me love my country even more, green jungles, fields, farms and houses everywhere. We came to Kakarbhitta, near the Nepal-India border and ate lunch there.

The lunch was authentic Nepalese food and my favourite chicken-leg piece gravy. Soon, we continued our journey and reached the Ne-

pal-India border which is the bridge over the Mechi river. After some time, we entered Bagdogra, India. Then soon after, we went straight to Siliguri, West Bengal, to spend the first day. In the city, everyone was friendly, and spoke Nepalese language.

We spent the rest of the day shopping at City Center mall of Siliguri and chilled in our hotel blasting cool air against the warm temperature. Next we went to the train station of Siliguri (NJP) from where we went to our main destination, Guwahati Kamakhya station. It was my first experience travelling in a train. It was a rough and tough journey on the fast North East Express.

The test had begun. Our train was supposed to be from 8 a.m to 3.30 p.m (8 hrs) but was delayed by 6 hrs and we spent our time in the train for about 14 hrs. But the picturesque scenery outside, composed of fertile flat terai lands with no mountains and only farms and villages, was majestic. We reached Guwahati at about 10 p.m. Again, we had come to the valley from the flat. We went directly to our hotel and took a rest. The next day, I woke up and saw a huge valley surrounded by tall hills. It was an important day for us as it was the day to go to the holy temple. The temple was situated at the top of a hill. While going to the temple we saw that the hill was filled with mythological drawings of Lord Shiva and Sati Devi. We reached the temple, but going inside apparently took us 7 and a half hours because of the long queue.

Finally, our wait was over and we prayed to the goddess or Devi for the welfare and happiness of everyone. The holy site had an enthusiastic spiritual power which never made people tired. We were starving, so we thanked the Gods for the opportunity granted for this pilgrimage and immediately went to have our meal. The meal was pure-veg and delicious.

We went back to the city and explored the Brahmaputra River, the Tirupati Temple, Shiva Temple, etc. The third day, we went shopping in malls and bought souvenirs for our friends and families. I also got to taste Taco Bell, Starbucks, etc. The next day, our return was scheduled at 11p.m, so we explored the markets once again and had fun. But in this course, because of the rush I lost my charger. We bid our farewell to Guwahati, Assam and returned by train. The train was delayed yet again.

As we reached Siliguri late because of the delay. We went back to Nepal and had our lunch again there. It was a tasty mutton meal. We decided to stay at a hotel near the Bhadrapur airport where our flight would take off at 8 p.m. We stayed in our hotel till the time of flight. Later, we caught our flight and flew back to Kathmandu valley.

The experience was versatile, good and extravagantly exquisite. The holy visit makes people positive and I hope to be part of these kinds of trips even more.

शिक्षाको महत्त्व

आरोज्य दवाडी कक्षा -५

एकादेशमा एउटा केलो थियो । उसको नाम प्रेम थियो । ऊ धेरै सेलथ्यो तर ऊ पढ्दैनथ्यो । उसकी छोटी सविना नाम गरेकी साथी थिईन् । उनी धेरै पढ्थिन् । एकदिन उनीहरू कुरा गर्दै थिए । सविनाले भनिन्, 'प्रेम, तिमी किन पढ्दैनौ ? हाको जीवनमा पढाइ महत्त्वपूर्ण हुन्छ ।' 'प्रेमले 'मेरी आमा र बाबाले मलाई पैसा दिनुहुन्छ, मलाई किन पढ्नु पर्छ ?' भन्थो । 'प्रेम, तिमीले पढ्ने पछि, नत्र भने तिमीलाई परचाताप हुनेछ मनी सविनाले धेरै बेर समझाएन् । प्रेम पढाइमा मन्दा सेलनमा बढी ध्यान दिनुथ्यो । तर प्रेमले सविनालाई वास्ता गरेन र पढ्दै पढेन । प्रेम सेलेर मात्र बस्नुथ्यो । सविनाले भने राम्रो पढिन् । १० वर्षपछि सविनाले राम्रो पढेर सिप पनि आर्जन गरिन् । जीवनमा राम्रो गरिन् । जीवनमा सफल भईन् । उनी एउटा कम्पनीमा मन्ज्याेजरको पदमा रहेर काम गर्नु थालिन् । उनको काम गर्नु कृशलता देखेर कम्पनी मालिक पनि उनीदेखी निकै नै खुसी थिए । लामो समयपछि एक दिन सविना र प्रेमको भेट भयो । भेटमा प्रेमले सविनाको हालसबबर सोध्यो । सविनाले आफ्नो सफलताको बारेमा प्रेमलाई बताईन् । कविनाको कुरा कूलैर प्रेम दुखी बन्यो । सविनाले प्रेमलाई तिवो हालसबबर सुनाऊ मन्दा प्रेम बोलन पनि सकेन र ऊ रुन थाल्यो । आफूले राम्रो पढ्न नसकेको र अहिले राम्रो काम नपाएको कुरा गर्नु । उसलाई समझमा नपढेकोमा धेरै परचाताप भयो ।

पाँचसयको नोट भेटें मन

आरम आर्च्य कक्षा १

यदि मैले पाँचसयको नोट भेटें भने त्यो पैसा अरु कसैको हो भने म सोधेर फिर्ता दिनेथे । फिर्ता गर्ने मान्छे पाइएन भने राम्रा राम्रा सेलौना किन्थे । त्यसपछि पैसा बाँकी भए लुगा पनि किन्थे । अहो पनि पैसा बाँकी भए सोधेर राख्थे र आमालाई भनेर कोही दुखीलाई सहयोग गर्थे । हागीले मिहेनत गरेर वा उपहारमा पाएको पैसा सही ठाउँमा खर्च गर्नु पर्छ । कसैको भेटेको पैसा सकेसम्म फिर्ता गर्नु पर्छ ।

Drama at Budhanilkantha School

Sakshi Bhandari Grade VIII



On 26th August, the students of grade 8 and grade 10 of Imperial World School visited Budhanilkantha School. We were invited there to watch a drama staged by them. The drama was called " Jiuda Awasheshharu" inspired by a book of the same name which means 'living fossils'. Upon arrival we were greeted by one of the teachers and two students. The students gave us a tour of the school. The school was huge and I was immensely fascinated. I would've probably gotten lost if not for our guides.

My Mother's skill

Anusna KC Grade IV

My mother makes the best food. When I'm in my room doing activities I can smell her cooking. And I follow the smell and think about what it could be. When I check what she has made I know it will taste good no matter what and when I try her food it tastes amazing.

कुलपूजा

आशिष्या कार्की कक्षा : ३

मेरो पुरखौली घर रामेछाप जिल्लामा पर्छ । २०७९ जेठ ८ गतेका दिन म र मेरो परिवारले सुनारपानी र रामेछापको यात्रा सुरु गर्नुभयो । हाको यात्रा एकदले रमाईलो भयो । हागीले यात्रा गर्दा सुन्दर दृश्य देख्यो । त्यसै गरी हागी बिहान सबेरै हाको मन्दिरमा जग्मा भयो । अनि देवाली पूजाको विधि अनुसार पूजा सुरु भयो । यो कुलपूजा तीन वर्षमा गरिन्छ । पूजा सकिएपछि हागीले प्रसाद अनि मिठा मिठा परिकार खाँथ्यो । मलाई ठूलाबडा आफन्तजनले आशिर्वाद दिनुभयो । म धेरै खुसी भएँ ।

Mouse Pie

Arogya Dawadi Grade V

There was once a cook from Dubai He found a big rat in his pie He screamed in fright Ran left and then right And then he started to cry!

Soon we were asked to gather in the auditorium. Then the show began. 'Jiuda Awasheshharu' expresses the pain of poverty and the problems of child marriage in the rural environment in Nepal. The drama was spectacular. The set was well constructed and so were the characters. There were a few scenes and dialogues that I found quite funny. The way they included the flaws of society enthralled me. It was executed so brilliantly.

The cast was incredible. Their speaking and acting skills were magnificent. They really inspired me to improve my Nepali speaking and communication skills. Honestly, I was stunned by how well they performed their designated roles. I really learned a lot from them in a fun and entertaining way. It would be amazing if the students from IWS too would be able to stage such a drama today. I aspire to be just as good as them one day.

The show finally ended and we bid our good-byes. On the way back to school we all discussed our views on the play. All the comments were positive. Students of Budhanilkantha School really did a great job. All their hard work was worth watching. I am thankful I got the opportunity to see the play. It was such a wonderful experience.

MY SISTER

SARAH JOSHI GRADE IV

We have an option to choose our friends but to have a sister we don't have an option. They are a gift by God. A sister is someone you can freely talk to. You can share your deepest secrets with her. The bond between them is just amazing. Be it younger or older sister, they always bring joy in our life.

I am so lucky to have a younger sister. Her name is Meesha. She is five years old. She is jolly and kind. She likes to play with me. Sometimes she plays with my books, disturbs me while I am reading, and makes my wardrobe messy. I get annoyed with such activities but ultimately I smile at her. Because of her kind nature she makes friends easily. She is one of the reasons that binds our family together. She brings joy and happiness to our family. Everybody loves her and I love her too.

About my experience of our new IPC entry point.

Abhirup Ghimire Thebe Grade IV



In our entry point of our new IPC topic "Nature of life", we went on a field trip to Edu farm where we saw many animals for example- turkey, chicken, rooster, buffalo, rabbit and many more. We also learned how we can identify if something is alive or not. We also learned about the different animals' babies. They also showed us the farmer's museum where we saw lots of tools and also learned about their uses and the names. We also fed some hens, chickens and roosters. They also showed their tree house to us which was really cool. They also treated us with some popcorn and lemonade. We also danced at the Mayur hall. After that we went back to our buses by saying goodbye and thank you. The experience was really exciting and fun for me and my friends and teachers.

म छोरी

आर्चिका के. सी. कक्षा : १०

म नेपाली समाजकी एक छोरी,
जहाँ छोरी मान्छे भनी हिडाइका आधारमा मूल्याँन गरिन्छ ।
किन ?

कृषिप्रधान मेरो देश, रोपनलाइ बिउ पाईदैन,
हालनलाइ मल पाईदैन
तर महिलालाई छुपाउने धसिड सजिलै पाइन्छ ।
किन ?

मनिन्छ महिला नै भगवानका रूप हुन्,
तर सामाजिक लाउछना किन ?
लासौ निर्मला, सविता र सुस्मिता हरुले नपाएको न्यायको मिड हेर्छ,
र सोपछू न्याय मरिसव्यो,
असिर किन ?

कहाँ छन ती व्यक्ति जसले लौक समानताको विरोध गरेका थिए ।
कहाँ छन ती व्यक्ति जसले महिला अधिकारको विरोध गरेका थिए ।
चसरी हँस, चसरी नबस, चसरी नबोल भनी सिमा रेखा तानेका थिए
किन ?

के हामी स्वतन्त्र छौं त ?
के हामी बिध समानता छ त ?
तर म निर्धनकसित भन्छु
म अधिक चोच छु र म छोरी हूँ ।

MY FIRST EXIT POINT(BRAIN-WAVE)

Sudesh Gauchan Grade: I

On my first exit point, I gave a presentation. I enjoyed it a lot when I was performing as I got the chance to perform on stage. I even danced with my friends in the "Roar" song. Everyone clapped for us and my teacher was also very happy.together and she helps me.

All about me

Shreyank Shakya

I like the colour pink
And I use a lot of ink
I have a lot of time
But I don't like to whine

I have friends who are kind
And we like to rhyme
My hobby is to draw
And I obey the law
Playing is fun
We run and run
I love watching Bright Side
But the road is very wide

MY NEW FRIEND

Sudesh Gauchan Grade: I

My friend's name is Sataski Rana Chhetri and she is my new friend. I like her as a best friend and she is sweet. I play with her all day and she is in the same grade as me. She is my favourite friend and she also likes me. We do things together and she helps me.

मल्पी इन्टरनेशनल स्कुलमा भएको अन्तरविद्यालय निबन्ध प्रतियोगिताको अनुभव

आसूका श्रेष्ठ कक्षा १०



लेखन मेरो चाहना हो । जब हाडो विद्यालयलाई मल्पी इन्टरनेशनल स्कुलबाट साहित्यिक सप्ताहको निमन्त्रणा आयो, म र मेरा साथीहरू निकै उत्साहित भयौं । निमन्त्रणा मल्पी इन्टरनेशनल स्कुलले "सेम द थिङ्गे न्यू सँगको सहकार्यमा हुने अन्तर विद्यालय प्रतियोगिताको बारेमा थियो । निबन्ध लेखन, कविता लेखन, कथा लेखन र शीघ्र भाषण जस्ता विभिन्न विधाहरू थिए । म कूज विद्यामा भाग लिने भन्ने अन्यायले मलाई थिएँ तर अन्यायले मलाई लेखनमा भाग लिएँ । लेखनको विषयवस्तु "यस पुस्ताले जलवायु परिवर्तनका बारेमा कसरी आशा जगाउन सक्छन् ?" रहेको थियो । विषयवस्तु थाहा पाउने बित्तिकै यस विषयमा मैले अनुसन्धान सुरु गरे । मलाई विषय अत्यन्तै सजिलो लाग्यो र शब्द सीमा पनि कम थियो त्यसैले मलाई लाग्यो कि यो निबन्ध लेखन सजिलो हुनेछ । मैले सबै जानकारी र विषयहरू जम्मा गरेँ तर जब म लेखन थालें, मैले ती बुँदाहरूलाई वाच्यमा

रूपान्तरण गर्न सकिन । मैले २ दिनसम्म निबन्ध लेख्ने प्रयास गरेँ तर मैले लेखेको कुरामा म अनघै संतुष्ट थिइनँ । अन्तमा, मेरा शिक्षकहरूको सहयोगमा मैले मेरो निबन्धलाई अन्तिम रूप दिएँ र मलाई मैले लेखेको निबन्धमा गर्व थियो । निबन्धको शब्द सीमा नाथेको हुनाले म अलि डर लाग्ने थिएँ तर मेरी शिक्षकले मलाई आरवास्त पार्न भयो । यसरी निबन्ध लेखेर पठाउने काम भयो ।

२०७९ मा १० गते साहित्यिक सप्ताह समापन समारोह थियो । त्यसका लागि विभिन्न विद्यालयबाट सबै सहभागीहरू मल्पी इन्टरनेशनल स्कुलमा जम्मा भएका थिए । त्यहाँ पुग्ने बित्तिकै हामीलाई स्वागत गरियो र तुरुन्तै भाषणको लागि हलमा लगेयो । सबैको भाषण अत्यन्तै रमाइलो, जानकारीमूलक र आकर्षक थियो । सबैको भाषण सुनेपछि हामी साना सानाको लागि भोजन कक्षमा गयो । साना साध पछि त्यही प्रदर्शन गरेको विद्यार्थीहरूको कलाहरू हेर्नौं र पुस्तक मेलामा पुस्तकहरू पनि किन्यौं । त्यसपछि हामी भाषण हलमा फर्किनौं र पुरस्कार वितरणको लागि पर्सिनौं । म चकित भएँ जब मैले थाहा पाएँ कि निबन्ध प्रतियोगितामा म दोस्रो स्थान हासिल गर्न सफल भएँ । श्रुतीले मरिधर म हर्षित हुँदै मञ्चना गएर आफ्नो पुरस्कार ग्रहण गरेँ ।

कार्यक्रम समाप्त भएपछि म र मेरा साथीहरू हावा प्रमाण पत्रसँग फोटो सिट्न गयो । सबैले मलाई बधाई दिए र म पनि आफू जोरवाकित भएँ । आफ्नो विहिनतको फल पाउँदा अत्यन्तै रमाइलो हुँदो रहेछ । यस यात्राबाट हामी सबैले धेरै नयाँ कुराहरू सिक्का छौं र आउने दिनहरूमा यिनै कुराहरू आफ्नो जीवनमा प्रयोग गर्नेछौं ।

My Hobby

Samdung Hang Rai Grade IV

I love the blue sky
But the sky is really high
I like to play with a butterfly
I love the colour blue
Baby birds just flew
I love to pet dogs
And I like to watch some frogs
As for my right

I have to fight
There was a heavy rain
I saw a crane
And I found a wren

Out of the window

Yuvani Grade IV

Gazing out of the window wondering what treasures wake me outside and enough of being trapped in a house filled with boredom. But the next second I open the window and to my surprise the wonderful past of man treats me like a superstar. I take a look around, having no mercy that I broke a rule that the sun is shining down on lush grass. The lakes are bluish green, fish jumping up and down trees waving their branches like they're saying hello looking back at the window. I jumped out thanking my brain to do that as I step on the stone path that magically appears and leads me further. Towards the forest of beauty the magical gate appeared and I stepped inside looking out for anything that would probably attack me but instead I saw flowers blooming from the grass and the sunlight shining like it had never before and then the rainbows appeared. As I find my new home, a small cottage that I stay in now, looking back I thank nature for giving me this. This time the house is not filled with boredom it is filled with exciting new treasures. Nature is our home and nature is absolute for me. It's me Yuvani from 4 Rapti with a curious eagle surrounding my head.

म

प्रानूसा श्रेष्ठ कक्षा - ४

आमा तिमीले जन्म दिएँ
धेरै कुराहरू सिक्कायो
दश महिना कोसमा राखी
यो धर्तीमा टेकायो ।

न दिन न रात न भोक भनी
हरपल हरदिन हामीलाई रचाहा-चो
साना नर्सिदा हामीहरूलाई
को साईं को साईं भनी खुवायो ।

एकदिन मात्र बिरानी भयो भने पनि
घातीकाँठरी अनि डाक्टरकोपा देखायो
एकछिन बाहिर गएर आउँदा
हलार हलार हामीलाई रचाहान् आयो
आमा तिमीले उचल मतिथ्यको लागि
जानी नजानी क,स,ग,घ पढ्न सिक्कायो ।

The Kite Fest Experience

By Rayirth Acharya Grade VII



On the 12th of Asoj, I got an opportunity to interview students and teachers . I had to ask them 3 questions. For the students, there were simple questions. For the teachers, there were questions about their childhood and experience.

So, the first question the students were asked was, "How are you feeling?" I got many answers saying that they were excited, feeling great, adequate, and other things that made the principal grin. The second question was, "What are you going to do in today's celebration?" They said they were going to talk to their friends, play on the swing, visit classes, do fun activities, help others, etc. The last question was, "What are you going to do after school?" They said that they would party, fly kites, eat sweets, go to their old houses, etc.

Now, I am going to talk about the questions I asked my teachers. The first question was, "How are you feeling today?" The teachers said they were feeling excellent and happy that the kids are having fun. Wow, these teachers care a lot for us. Anyways, the second question was, "What are you going to do after the celebration at school ends?" to which they replied that they would spend their time with family, practice taekwondo, go to their village, stay busy, etc. And the last question was, "If you have made any kites, how many did you make?" They gave the answers in various numbers . One teacher said that they helped in making kites for the kids, and another teacher said that all the decorations that was done in the school were made by her and Bibek sir.

Anyways, to come to conclusion, the kite festival was really fun for the juniors, seniors, and teachers. They all spoke positively about this festival, and it makes me very happy. I'm happy that everyone was able to have fun on that day.

Workshop organised by Israel Embassy

Prakriti Gurung Grade VIII



On the 18th of August 2022, the Israel Embassy held a student workshop and invited two students from private schools around Nepal. The student workshop was a program that had a main goal: an agenda that would help teachers figure out and work as a team with the students to establish new ways of teaching in a more practical manner. On the fifth day of the 7-day program, students were invited to

share their own perspectives about the education system.

From the many schools that participated, Imperial World School was one of them. My senior and I went to the school at around 10 a.m. We walked to the A-level building, and I saw a few of my friends from social media during their assembly. A very interesting thing I found out about Rato Bangala School is that the students clean the whole school in the morning by themselves. We walked to the hall where the program was held; we were greeted by a teacher, and she seated us at different tables. For the first 30 minutes, we sat and listened to a lecture and then we had our breakfast. The breakfast consisted of two eggs, a sandwich, some fruits, a croissant, and juice. I might add that the juice was particularly good. We enjoyed the meal and went back to the hall where we headed outside to get some stones. I noticed paint on the desk, so I assumed we were going to paint stones, so I set out to get

flat stones. When we returned, they told us to stack up all the rocks that we had collected. I didn't have a hard time doing it as I had flat rocks that would stack on top of one another. They told us to mix the stones that everyone had gathered together into a pile and build a statue in complete silence. No talking, no sign of communication. My team ended up with a pile of rocks meant to be a house, but we disguised it as a tower. What we learned from this activity is that communication is the key to teamwork, and we can't function as a team without proper communication and coordination.

After this, we had lunch, and during the lunch break, I painted on the wall and made some new friends. I met some new friends named Roslyn, Ava, Daxata, and Charu. They were the sweetest, and I am very glad I met them. I also talked to my aunt, since she works there, and a few other people who recognized me. My senior and I started walking around the school. We met an old student of Imperial World School who was also a graduate of IWS. It was around this time that the teacher brought us outside and told us to be rebellious with the teachers and give them a hard time,

so we did. I, Roslynn, and Ava set out alone to the playground and played on the swing and monkey bars. That's a memory I will cherish for a long time, for sure. After the play was over, I made friends with a teacher, Ma'am Rekha. It turned out that she was a distant relative of mine. We walked back to the hall again.

We sat for another lecture again, and soon the program was over in the blink of an eye. I exchanged phone numbers with some teachers, and we took some photos together, including my newly found friends. I set off with my seniors and principal, ready to go home and sleep. We were stuck in traffic for a pretty long time, which was hectic. But at last, my day came to an end. I would call it a really successful day and hope that many more opportunities come my way.

Election 2079

Drishana Lamsal Grade V

There are three types of elections in Nepal: elections to the Federal Parliament, elections to the state assemblies, and elections to the local government. The election was held on the 20th of November. Holiday was announced all over Nepal. There were younger candidates than older ones. The new candidates had unique ideas for the election manifesto, better than before. The new candidates seemed to be a lot more popular among the citizens of the country. Some popular candidates were Dr. Toshima Karki, Sagar Dhakal, Rangu Darshana, and Ravi Lamichhane. Dr. Toshima Karki is a surgeon by profession but she is also a social activist. It's the youth that has to be active and take the first step to develop the state. That was the reason she decided to join politics. Sagar Dhakal is a prime example of making the youth conscious of a developing country. His candidacy is historic among the Nepalese people as he faced his strong opponent and present Prime Minister of our country Sher Bahadur Deuba from Dadeldhura. Ranju Darshana made headlines because of her age. The youngest political figure in the history of Nepal, she is an inspiration to many youths who think they are too young to take on big responsibilities. Ravi Lamichhane was a former journalist on News24. Now he has formed his own political party called Rashtriya Swatantra Party. The citizens are hoping that the youth candidates win so that there can finally be good politics in Nepal.

The Poetry

Shravya Shrestha [Grade 5 Seti]

Poetry is an art form that has existed since ancient times through different modes, emotions and styles. For me, poetry is a song of the heart which expresses submerged feelings through rhyme and rhythm. There are different types of poems and they are – Limericks, Haiku, Sonnets, Elegies and so on. Since we have learnt and practised limericks in class, I would like to share some information as well as the limericks that I have composed. Limericks are funny (and sometimes rude!) poems which were made popular by Edward Lear in the 19th century. They have a set rhyme scheme of AABBA.

The Knight

During one dark night
When the soldiers went to fight
There flew a kite
That was caught by a knight
He was a fool, for now, he was in sight.

The Cat

There was a cat
That was wearing a hat
She was feeling hot
As she was cooking soup in a pot
She got tired so she sat on a mat

मेरो साथी

रायन अधिकारी कक्षा: 3

मेरो साथी साइन इकाल हो । ऊ कक्षा तीनमा पढ्छ । ऊ आठ वर्षको भयो । ऊ घापासीमा बस्छ । ऊ इन्फेरियल वर्ल्ड विद्यालयमा पढ्छ । उसको मनपर्ने विषय कम्प्युटर र गणित हो । ऊ खेलकुदमा धेरै रुचि राख्छ । ऊ पढाइमा पनि राम्रो छ । उसलाई हरियो रङ मनपर्छ । उसको मनपर्ने खानेकुरा मा:म हो । उसलाई फुटबल खेल मनपर्छ । म मेरो साथीलाई धेरै माया गर्छु । ऊ पनि मलाई धेरै माया गर्छ ।

मेरो विद्यालय

विवेक पन्त कक्षा 9

मलाई मेरो विद्यालय मनपर्छ । मेरो विद्यालयको नाम इन्फेरियल वर्ल्ड स्कूल हो । मेरो विद्यालय सफा छ र चौर पनि ठूलो छ । मेरो विद्यालयमा ठूलाठूला कक्षाकोठाहरू छन् र चौर पनि ठूलो छ । मेरो विद्यालयमा शिक्षिकाहरूले र खोसँग माया गरेर पढाउनुहुन्छ । म विद्यालयमा रमाई रमाई पढ्छु । मलाई विद्यालयमा पिछ खेल मनपर्छ । मलाई मेरो विद्यालय धेरै मनपर्छ र म खुसीसाथ विद्यालय जान्छु ।

About Exit Point Challenges

Yug Bhandari Grade VIII

Everything eventually comes to an end. Likewise, a couple of days ago our IMYC topic 'challenges' came to an end and to wrap it up, I alongside my fellow classmates of grade 8 had organised an exit point. This was the perfect opportunity to showcase what we had learned thus far in our IMYC under the topic of challenges so we had to give our best. We started first with assigning groups that covered specific fields in our IMYC and distributed roles accordingly. Me and my friend Aaron were the host(MC) of the whole event. Eventually with a couple of practice rounds we were ready for our exit point and the day finally came. We started our exit point with a small introduction and our national anthem. The national anthem was followed by an amazing solo performance of the Nepali hit song 'Bagaicha'. After the amazing performance, we had our designated group to present their views on the fields of IMYC. We had the art group, social group, English group followed by other groups with their brilliant informative presentations and interesting dramas and acts. To wrap up our exit point, we had a wonderful performance by Yug and Aaron on the famous song 'Laakhau Hajarau' followed by a short and sweet thank you speech. Overall we had a wonderful exit point which was loved by the audience as well. We got to share our views on what we had learned in this marvellous journey of our IMYC under the topic 'challenges'. In the end I'd like to say that we had an amazing learning experience and continue to do so as we progress further in the field of IMYC.

Different Scientists and their Inventions or Discoveries

Nikola Tesla

Nikola Tesla was a Serbian-American inventor, electrical engineer, mechanical engineer, and futurist best known for his contributions to the design of the modern alternating current electricity supply system. He invented the first alternating current (AC) motor and developed AC generation and transmission technology. He also invented the tesla coil. He was one of the smartest people ever to walk the planet.

Fun facts:

1. Nickola Tesla was born during a lightning storm.
2. He had an amazing memory.
3. He was really funny.

Stephen Hawking

Stephen William Hawking was an English theoretical physicist, cosmologist, and author who, at the time of his death, was director of research at the Centre for Theoretical Cosmology at the University of Cambridge. He was regarded as one of the most brilliant theoretical physicists in history. His work on the origins and structure of the universe, from the Big Bang to black holes, revolutionised the field, while his best-selling books have appealed to readers who may not have Hawking's scientific background.

Fun facts:

1. Stephen Hawking grew up in a house where education was very important.
2. When he was a teenager, Stephen and his friends built a computer out of old clock parts, telephone switchboards and other recycled items.
3. When Stephen Hawking was 17, he went to Oxford University to study physics and chemistry.

Galileo Galilei

Galileo di Vincenzo Bonaiuti de' Galilei was an Italian astronomer, physicist and engineer,

Dengue

Sayuna Mainali Grade VI

Nowadays many people suffer from dengue. Dengue is one of the most common diseases in the world. Dengue fever is quite dangerous febrile/everish disease that can mainly be found in tropics. It can lead to serious medical problems like dengue. Dengue fever is not caused by every mosquito in fact it is caused by the aedesAegypti mosquitoes which carries a deadly virus. An infected person might have a high chance of developing high fever, rashes, nausea and experiencing muscle and joint pains. It is not a matter of joke when a person becomes infected as the symptoms may last between six to seven days. To make things worse, it may become fatal and cost you your life. Very often an infected person is admitted into the hospital for immediate medical treatment; around 6,000 people have lost their life during 2 years due to dengue. Symptoms of dengue are severe headache, pain in the muscle, vomiting and rash that can be described as red spots. Dengue fever usually starts suddenly with a high fever, headache, pain behind the eyes and even in the muscles and joints and even a rash appears 3 to 4 days after the start of the fever. Nausea, vomiting and loss of appetite is common. It had an outbreak this year during the month of August in Nepal. In a densely populated city like Kathmandu, it is a challenge to quickly search for mosquitos and destroy their larvae so doctors suggest that other measures should be taken to avoid mosquito bites. Using insect repellent, wearing long-sleeved shirts and long pants, and controlling mosquitoes inside and outside your home and cleaning our surroundings are some of the measures to prevent ourselves from dengue.

GLOBAL WARMING

Shatakshi Bhatta Grade VII

A huge problem in the world is global warming, which is understood as the rise in temperature of the planet. This has become a problem because it has affected wildlife, human beings and every living organism. We human beings are also to be blamed for this. While its causes may be natural too, it is also man-made. For a better tomorrow, it is important to work as a team to make our mother earth better and stop global warming. The main natural cause of global warming is the greenhouse gases that are not able to escape from the earth because of which the temperature rises. The most common thing causing the temperature to rise is deforestation as well. Because of fossil fuel burning, garbage in landfills, and the gases released from vehicles, global warming is caused. There are hundreds of causes for this but apart from these causes it is also important to learn to control it. We can control global warming by planting more trees, not wasting water, recycling, and turning off electronic devices when we are not using them. While we may not be able to fully stop global warming, we can control it from getting worse. So it is very important to remember that our responsibility is also to make the earth better by using effective measures to control global warming.

Stop Motion Animation

Agrata Budhathoki, Grade VIII

Stop-Motion Animation, also known as stop frame animation, has been around for over a century. Early on, filmmakers realised they could create amazing illusions by stopping and starting their cameras. It is an animation captured one frame at a time, with physical objects moving between frames. The illusion of movement is created by rapidly playing back the sequence of images.

The 1898 short, "The Humpty Dumpty Circus", in which Albert E. Smith and James Stuart Blackton used the pioneering technique to bring a toy circus of animals and acrobats to life, is cited as the very first example of cinematic stop-motion. Film cameras were used to capture early stop motion animation. Animators couldn't see how their work looked until their film was developed. There are several types of stop motion animation, including object motion in which objects come to life with the animation, claymation in which clay objects are moved in each frame, pixilation in which people's movements are captured, puppet animation in which puppets are used, and so on.

Stop motion animation requires the use of tools such as a camera, tripod, editing software, and materials. A stop motion animation requires a significant amount of effort because on average it takes 12 frames to create one second of animation. The first step in creating a stop motion animation is to find your setting. After that, fix the lighting and use a tripod to keep the camera steady. It is recommended that you use a remote trigger or timer and shoot with manual settings for the best results. Then, for smoother results, adjust the frame rate and move in small increments. You can also include audio to make the animation more engaging.

"A Grand Day Out", "Coraline", "South Park" are well-known examples of stop-motion animation. Stop motion animation is a time-consuming process that thrives due to its uniqueness, despite the rapid development of more advanced animations

ज्ञानी आशा

सहर्ष बिष्ट कक्षा 9

छउटा परिवारमा आशा नाम गरेकी केटी थिईन् । उनलाई पढ्न धेरै मनपर्थ्यो । पढ्नको लागि उनलाई किताब किन्नु थियो । आशा एक दिन आफ्ना आमा र बाबासँग बजार गईन् अनि उनलाई मनपर्ने किताब किनेर ल्याईन् । किताब पाएर आशा धेरै खुशी भईन् । आशा घर गएर पढ्न थालिन । किताब पढेर आशाले धेरै कुरा सिक्न । उनी ज्ञानी पनि बनिन । यो देखेर आशाका बाबा आमा पनि खुसी हुनुभयो ।

Sketchup

Nimisha Shrestha Grade VII



Sketchup is a 3D modelling program that can be used to create 3D objects in a 2D environment. Sketchup can help you plan 3D printing or for other purposes. It offers all the tools needed to be a professional and quality results even for a beginner. It is well known for being easy to learn. It is mostly used by architects and interior designers. My experience in sketchup was fun and confusing at the same time. At first I was hesitant and saw it as a program which was hard to use. After seeing the different commands and functions, it all felt too confusing. Then our teacher explained the different tools and how to use them properly. With my knowledge of this program, I slowly started understanding and practiced how to



efficiently make models. I soon got better at making models and learnt how to make advanced models. Overall, sketchup is a nice program even though it may look confusing to beginners. Sketchup is also viable for architecture students/beginners since it gives them a brief example on what they have to work with in the future.

Pop Art

Rayirth Acharya, Grade VII
Savir Chandra Shah Grade VII

According to Roy Rauschenberg, pop art is characterised by a deconstruction of images seen in popular culture such as television, comic books, magazines, movies and other various forms of advertising. This new style of art was founded during the mid to late 1950s. There are also many genres of pop art. It was created to surprise and to amuse people. In interior design, Pop Art looks unusual, expressive, contrasting, and bright. A fact about pop art is that the term 'pop' was meant to be called 'popular', so it would have been 'popular art'. The main purpose of pop art is to represent the everyday elements of mass culture.

The origins of pop art in North America developed differently from Great Britain. In the United States, Pop Art was a response by artists. It marked a return to hard-edged composition and representational art. In the U.S, some artwork by Larry Rivers, Alex Katz and Man Ray anticipated pop art.

My visit to Ghandruk

Ghandruk is a village in Kaski district of western Nepal about 32 kms North from Pokhara, a famous tourist destination of the country. The first destination of our tour during Tihar vacation with my parents and sister was this village of Ghandruk, which is a popular scenic beauty. The snowy mountainous and glaciers can be closely seen from Ghandruk. Ghandruk is a village and here we can observe the Gurung culture and tradition very closely. We can also taste various local foods. I also put on the Gurung dress and my mother took my photographs. My sister played with baby goats known as kids. I visited the local tea garden but we had to climb a lot of stairs. We trekked for almost 4 hours. We stayed in a rock and mud hotel and the food there was very tasty. The experience of my visit to Ghandruk was very beautiful. We stayed there for 2 days and returned to Pokhara but I will never forget this place and remember it throughout my life.

दसैं

चाँदिरा पाण्डे कक्षा पाँच, भेरी

दसैं नेपालीहरूको ठूलो चाड हो । दसैं १५ दिनसम्म मनाइन्छ । दसैंको पहिलो दिन घटस्थापना हो । यस दिन घरमा जमरा राखिन्छ । दसैंको दसौँ दिनमा टीका र जमरा लगाउँछौं । यस दिन रातो टीका र जमरा लगाइन्छ । यस पर्वमा हामी मन्थलीबाट टीका र जमरा लगाई आशिर्वाद लिन्छौं । यसरी लगाउने रातो टीका बनाउन चामल, अबिर, दही र पानीको प्रयोग गरिन्छ । सबैभन्दा पहिला चामल र अबिर राखिन्छ र त्यसमा दही हालेर मुछनुपर्छ अनि आवश्यकता अनुसार पानी पनि राखिन्छ । यसरी टीका तयार गरिन्छ ।

दशैंमा जमराको छुँ महत्त्व रहेको छ । जमरा उमार्न माटो, बालुवा चाहिन्छ र त्यसमा जौ, गहुँ र मकै राखिन्छ । सबैभन्दा पहिले घटस्थापनाको दिनमा छुटा टपरीमा माटो र बालुवा मिसाएर राखिन्छ । त्यसपछि त्यो माटोमा जौ, गहुँ र मकै मिसाएर खरिन्छ र यसलाई घाम नपर्ने अँध्यारो कोठामा राखिन्छ । जमरालाई नौ दिनसम्म दिनहुँ पूजा गरिन्छ र पानी पनि राख्नुपर्छ । दशैलीको दिन टीका लगाएर यसलाई शिरमा लगाइन्छ ।

Shape and Form

Chandira Pandey, Grade V

Shape and form are two elements of art. Shape is a flat, enclosed area of an artwork that is two dimensional (2D), limited to length and width only. Whereas form can refer to three dimensional (3D) objects and has not only length and width but also depth. Both of them are very crucial elements of art. Shape is important because it can help to create complex drawings and paintings, affect compositions and contribute to the balance within a work. While shape is very important in any artwork, form is equally important when you want to make realistic looking pictures. Forms are either geometric or free form. Both elements of art are the artist's way of using principles of design, and media. Despite the differences, shapes and forms are often confused with each other because these elements are often seen to convey the same moods, traits, and expressions, either negative or positive.

मेरो जन्मस्थान

म दुबईको जुमारामा जन्मिएका छुँ । जुमेरा ठूलो छ । जुमेरा सग दुवैको सबै भन्दा प्रशिद्ध सलुनी तट क्षेत्र छ । जुमेरामा २ ओटा प्रशिद्ध टापु छन् जसका नाम पालम इलन्ड र वोर्ल्ड इलन्ड हुन् । जुमेरा समुद्रको बीचमा उपस्थित छ । जुमेरा छुटा ठूलो होटल क्षेत्र हो । जुमेरा छुटा सानो ठाउँ हो तर पनि जुमेरा मा धेरै विकास भएको छ । जुमेरामा जुमेरा थ्रिभरतेस तोवेर्स, जुमेरा मिना घरलाम, जुमेरा इर अल मन्सजस्ता धेरै होटलहरू छन् । जुमेरा छुटा ठूलो होटल चैन पनि हो ।

presented, some video artworks are made as setup pieces that play out over a long period of time.

This makes them unique from other moving media like movies (which are non-interactive), video games or even interactive media. In the 1960s, video art gained popularity.

The movement was caused by a number of elements, such as the:

- the quick development of portable video recording equipment power;
- the creation of old, and then later digital, video editing technology;
- creation of effective techniques for magnetic tape and disk storage of video.

We now have access to millions of videos on different topics thanks to the internet. The more you consider it, the more incredible it seems. There are many excellent resources available for anyone who wants to create their own music videos. Here are some resources to get you starting:

- Video-Editing Software
- Adobe Premiere Pro

Video Art

Stutee Sangroula, Grade VI

Films, video recordings, and video projections are all used as a creative or expressive medium in the field of video art. Video art can be installed, displayed, seen, and recorded in many locations and is frequently site-specific. The development of television in the late 1940s marked the beginning of video art. However, it wasn't until the 1960s that creatives like Stephen Beckett, Bruce Nauman, and Nam June Paik began to look into its potential.

Three essential components that make up video art are : sound, time, and moving pictures. Other components like temperature, humidity, texture, and scent can also be included. Perhaps the most obvious tool used by artists is moving visuals. Moving images, usually with sound, are used in video art, which is frequently created for display in galleries, museums, and theatres. Depending on the site or location where they are

मायालु सानु

बृज म राई कक्षा १

सानु छुटा असल बच्चा हो । उसका केही साथीहरू जङ्गलमा काफल टिप्न जान लाग्दा सानुलाई पनि जान मन लाग्यो तर उसले घरमा आमा ध्वलै भएको सन्तुष्टको र आमालाई घरको काममा सघाउने बिचार गर्‍यो । ऊ घर मा गयो र घरको सबै काम गर्‍यो र आमालाई आराम गर्न दियो । साथीहरू काफल लिइएर सानुको घरमा आए । अनि सबैले मिलेर काफल खाए । सानु सानो थियो त्यसैले सबैले उसलाई माया गर्‍यो ।

Warm & Cool Colours

Rhythm Niraula, Denn Bajraacharya Grade IV

Warm Colours:

One group of colours in the colour wheel is associated with the sun, warmth, and fire. These colours are called warm colours since they make us feel warm, excited, and happy. In general, warm colours are those in the red, orange, and yellow undertone. Warm colours remind us of heat and sunshine. Warm colours range from yellow-green to red-purple.

Cool Colours:

Cool colours are typified by blue, green, and light purple. These colours can calm and soothe us. Instead of reminding us of the heat, cool colours remind us of the water and the sky, even ice and snow. Did you know, that brighter shades, such as Aqua, Royal, and Ultramarine Blue, have been known to cause people to feel thirst?

Blue is the only primary colour within the cool spectrum. Cool colours range from blue to violet, the half of the colour wheel with shorter wavelengths.

Art Competition

Shriyam Dhungana, Grade VII

Art is the expression or application of human creative skill and imagination, typically in a visual form such as painting or sculpture, producing works to be appreciated primarily for their beauty or emotional power. Art can speak the unspoken.

As Pablo Picasso said, "Every child is an artist, the problem is staying an artist when you grow up." Thanks to the IWS team who made that happen. At Mechi Karnali Fest we held an art competition for our young artists who got a chance to show their talent.

I was one of the participants. Let me be honest here that I really did not take part for competition, but to have fun and create a very unusual and unique piece of art. But the second thing I remember was holding the prize up on the stage and realising what talent I had. All the motivation and praise from my teachers and friends gave me a feeling of glory. I was thrilled and proud that I participated and had a chance to show my hidden talent. I'd like to thank everyone for appreciating my talent and giving me this title.

Crypto-Art

Rijan Budathoki, Grade X

Cyptro art is the latest frontier to send enormous ripples across the art world. Crypto art is the fusion of art and blockchain technology. Cyptro art is preserved on the blockchain in the form of nonfungible token(NFT). Just like the traditional art form, the value of crypto art is heavily influenced by the credibility of the creator and by the rarity and its demand in the collector's market. Some digital artwork being auctioned for the hundreds of thousands to millions of dollars. For example: one artwork by digital artist Bleep that sold for \$69.3 million(40,000ETH) and the source code of the World Wide Web by Sir Tim Berners-Lee that auctioned for \$5.4 million(2,572 ETH). With the sales figure like that there is no doubt that the total market capitalization of crypto art surpassed \$2 billion in 2021.

Digital arts can be created by using software and a personal computer in the form of GIF, JPEG, videos, 3D images and art forms. While the aforementioned digital art can be easily replicated and distributed over the internet, crypto artists need to certify and mint a NFT that is linked to the authenticity of the art created. Once certified, the art can then be uploaded to various marketplaces and marketed to potential buyers

मेरो काठमाडौँ सहर

शुब्रन खड्का कक्षा ३

मेरो प्यारो काठमाडौँ सहर बस्न मलाई लाग्दछ रहर सफा राखौँ हाम्रो यो सहर मन्दिर मन्दिर पूजा गर्ने रहर घुलो, धेरै छ काठमाडौँ सहरमा स्वच्छ राखौँ हाम्रो वातावरणलाई ।

Surrealism

Sayesha Gurung, Grade X

Surrealism is a form of art in which unconscious human experiences are shown. Surrealism contains distorted figures, bizarre and unexpected ordinary objects similar to the art movement in Paris in 1924 which was founded by André Breton. In Breton's surrealist manifesto, he defines surrealism as "a pure psychic automatism".

Some famous surrealist artists are Salvador Dali, Pablo Picasso, Frida Kahlo, Man Ray and many others. Surrealism can also be seen in Rene Magritte's paintings. One of his famous paintings "Golconda" shows hundreds of identical men falling from the sky. The bodies were painted realistically however, floating of bodies is something which is only possible in dreams.

In the 21st century, surrealism exists predominantly. There are many more emerging modern surrealist artists nowadays. Today, surrealism is shown in more creative forms such as photography, painting and sculpting.

धूमधामको घुमघाम नाटक हेदाको अनुभव

श्रम्या श्रेष्ठ कक्षा ५, सेती



मदौ १३ गते सोमबार हामी विद्यालयबाट "धूमधामको घुमघाम" नाटक हेर्न गएका थियौं । यो नाटक रातो बङ्गाला विद्यालयमा प्रदर्शन भएको थियो । घुमघामको घुमघाम किताब कनकनाणि दिक्षितले २५ साल पहिले(ला लेख्नुभएको थियो । यो नाटकको नाटकीकरण गर्ने आबूख निरौला र निर्देशक आकाइशा कार्की हुनुहुन्थ्यो । जब हामी नाटक हेर्न गयौं म धेरै उत्साहित थिएँ । घुमघामको घुमघाम एक मन्थलीबाट नामको ग्याङ्गो र उसको नेपाल यात्राको कथा हो । छुटा सानो ग्याङ्गोको निकै साहसिक यात्रा भएकोले कथा निकै रोचक थियो । नाटकमा धेरै पात्रहरू थिए जस्तै मन्थलीबाट, बुद्धिप्रसाद, नूसा, जगतबहादुर, तलसीराम, फूलनाया, पण्डित बाजे, पाइलट, आदि । घुमघामको घुमघाम नाटक मलाई धेरै राम्रो लाग्यो । मलाई मनपर्ने पात्र मन्थलीबाट हो किनकि ऊ छुटा सानो ग्याङ्गो भएर पनि उसले नेपालमै घुम्यो ।

Book ReviewCorner

Zelah Green Queen of Clean

Sarisha Jha Grade VI

This book is written by Veness Curtis in 2002. This book contains 246 pages. This book was awarded to me in Essay Writing Competition by the school. The book is about the story of an 11-year-old girl Zelah who lost her mother when she was 5 due to cancer. She was left out with her father who decided to have a stepmom for Zelah. He was so depressed that he drank and smoked all night. Her stepmother did not like Zelah because she had OCD with dirt and germs. She used to follow her rituals every single day. She used to wash each hand 31 times and scrub her face until it was raw. She used to place a sheet of paper before sitting on the school bus and carry her spoon, fork, and knife in her pocket everywhere she went. Suddenly one day her father disappeared and never came back. Her stepmother wanted to send her to a mental hospital. Some days after her father's disappearance, her stepmother packed her stuff and sent her off to live with a bunch of teen weirdoes at Forest

Hill, where everyone had some problems. Her neighbor Miss Heather took her in a red car to Forest Hill. She introduced her to the owner of the place Mrs. Erin. There everybody called her The Doc because she used to help them cope with their problems. There were different people who lived in the Forest Hill. One of them was Lib who survived on yogurt only and ate it every day. She was allergic to anything except yogurt. There was another named Carao who was full of attitude and listened to heavy metal music. In the case of Lib, no one could explain her problems. Sol had deep brown eyes and olive skin. Sol would not speak but has the cutest smile ever. Zelah's step mom sent her there because she wanted Zelah to be a normal kid and not have OCD. There the Doc used to take sessions with everyone alone and make them do what they had never done. She made Zelah touch the toilet with her bare hand and did not let her wash it until she kept chewing gum in her mouth using those dirty hands. She was so mad at her stepmom that she even tried to contact her best friend Fran to take her home but got no answer from her friend. She also tried to contact her lost father but got no response from him as well. One day, Heather and Fran came to visit her and brought apples

from her stepmom. Zelah was Sol's best friend. Sol did not like this place and had the same life as Zelah. He had also lost his mother. He was depressed so his father sent him to this place. He had written everything to Zelah on a piece of paper and kept it on Zelah's table and ran away from that place. The next morning when Zelah read the paper Sol had written not to say anything about it to anyone. Then after some time police and Sol's father came and asked everyone about Sol but Zelah was not supposed to say anything to but she couldn't bear to see his father worrying about him. So, she said everything and gave the note to the police. The police searched for Sol and found him. After some days, everything was fine Zelah was not that worried about her rituals and due to that, she was sent home. Her father was found and he went to a centre to reduce his stress and his bad habits like drinking. They both were happy. And her father did away with her stepmom and after that Miss Heather said that she wanted to be a part of her family but she said she would live in her own house and carry on with her job. In the end, the whole family was happy. Her father was not drinking she got rid of her OCD and her stepmom was gone. This book is really nice and I recommend it to everyone.

The Perks of being a Wallflower

Sukriti Lamichhane Grade X

Written by Stephen Chbosky this book is a story which is based on the fun, difficult, confusing, scary experience in a high school student's life. The narrator Charlie is a 15 year old fresh high school student who is sharing his experience as a high school student to "Dear Friend" who is anonymous to the readers in the form of a journal. The dates have a three to four days average gap and the journal's mostly consist of the events and the choices that Charlie is facing in his life. The high school nicknames, bullying etc., concepts are introduced to him that make him more confused. The 15-year-old discusses his first year at high school and his struggles with one traumatic experience: the suicide of his only middle-school friend, Michael Dobson. Not just in school he faces negligence at home as his mentality thinks he is accepted unless he scores good grades in his papers. After his friends suicide he gets an exception from his teachers he thinks its because the teachers fear he might do the same. His best friend, his aunt Helen, faces some issues and he is sad he can't help her too. Overall, as a teenager myself this book has a very interesting story.

The Kite Runner Khaled Hosseini

Souryan Shrestha Grade X

Kite Runner is a book that will take a person on an emotional roller coaster with the stories, characters and plot. This is a must read book as it deals with topic on male rape, war and it's consequences, selling flesh, abuse, trauma etc. When I started reading this book it felt like a book that would have a normal happy ending, it did end on a happy note but it wasn't normal, it was bitter sweet, the characters had gone through so much that the ending felt incomplete at first but the more that I thought about it. The more sense it made. I loved how the story was delivered in a narrated way because I could imagine the character saying it. All in all, it is a story that I am grateful I was able to read and recommend to everyone else.

मेरो जीवनको सबैभन्दा अविस्मरणीय दिन

अमृत्यु नेपाल कक्षा : C

सबै दिन विशेष हुँदैनन् । तर केही दिन हाम्रो स्मृतिमा खडा हुन्छन् र हामीलाई नोस्टाल्जिक महसूस गराउँछन् । त्यस्तो एक दिन मेरो स्कूलको पहिलो दिन थियो । म ६ वर्षको थिएँ र मेरी आमाको मलाई बिहान ७ बजे उठाउनुभयो । मलाई चाद क छि म धेरै पहिले नै बाहिर निस्केंको थिएँ । जब म तयार थिएँ तब म मेरो बुबालाई मलाई परिचयको थिएँ । विद्यालय जाँदा म गाडीमा धेरै नर्सन थिएँ तर जब म रिसेपशनमा पुगेँ तब मलाई मेरो कक्षा शिक्षकको न्याना र स्वागत मस्कानले स्वागत गर्नुभयो । मैले मेरो बुबालाई बिदाइ गरेँ र मेरो कक्षा शिक्षकले मलाई कक्षाकोठामा लानुभयो । हामी कक्षामा पुग्यौँ । कोही विद्यार्थी आफ्ना रहेनछन् । शिक्षकले मलाई हेरेर मेरो नाम के हो भनेर नसोध्दासम्म मेरो मन शान्त थियो । मलाई अझै पनि चाद छ मेरो मुटुको घड्कन तेजले धड्किएको थियो । मन्द स्वरमा मैले अमृत्यु नेपाल भन्यौँ । उहाँको आँसा चौडा भयो र उहाँले भन्नुभयो "तिमीलाई भेट्न पाउँदा खुसी लाग्यो । म पुजा हुँ तर तिमी मलाई न्याम भन्न सक्छौ ।" केही समय पछि कक्षामा धेरै विद्यार्थीहरू आए र हामी बाहिर गयौँ अनि बल्पास सरेल्यौँ । म दोस्रो स्थानमा आएँ । मेरो लागि यो धेरै रमाइलो थियो । सेलेपछि हामी सबै लाइनमा बस्नुभयो र साना सान लवच हलमा गयौँ । हामीले दाल, भात र तरकारी खाँौँ । साना स्पाष्पछि हामी लाइनमा बसेर कक्षामा फर्कियो र पुजा न्यायमले हामी सबैलाई काजाजको दूग्गा दिनुभयो । हामीलाई हाम्रो परिवारको चित्र कोर्न लगाउनुभयो । घण्टी बजासम्म हामीले चित्र कोर्नुभयो । हामी दौड दौड, न्यूजिकल चेंचर, आदि विभिन्न खेलहरू खेलन बाहिर निस्क्यौँ । केही समय पछि हामी पूनः लवच हलमा फर्कियो र हामीले साजा खाँौँ । विद्यालय बिदा हुने समय मेरो बुबा मलाई लिन आउनुभयो । घर आएर विद्यालयमा भएका जातिविधिहरू आमालाई सुनाउँदा उहाँ पनि मरुस परिहर्नु भएको थियो । विद्यालयको पहिलो दिन अहिले पनि मेरो मानसपटलमा घुमिरहन्छ । यो नोस्टाल्जिक क्षण जीवनमर सम्मनामा आइरहनेछ ।

मेरो तिहार

नामः स्मृता सारु कक्षाः १०



नेपाल बहर् धार्मिक, बहर् सांस्कृतिक, बहर्जातीय र बहर्भाषिक देश हो । ने पालमा विभिन्न धर्मावलम्बीहरू बास बसेका हुनाले, नेपालमा धेरै चाड पर्वहरू मनाइन्छ । ती चाडपर्वहरू मध्ये तिहार छुटा महत्त्वपूर्ण चाड हो । तिहार हिन्दू धर्मावलम्बीहरूले मनाउँछन् । तिहार पाँच दिनको चाड हो, जहाँ प्रत्येक दिन जीवजन्तुहरूको पूजा गरिन्छ । यही पाँच दिनमा, काजा तिहार, क'क'र तिहार, जाई तिहार, लक्ष्मीपूजा, गोरु तिहार, गोवर्धन पूजा, भाइ टिका र ने वारीहरूले मह प'जा पनि मनाउँछन् । यस वर्ष, क'क'र तिहार र लक्ष्मी पूजा एकै दिनमा परेको थियो ।

२०७९ सालको तिहार रमाइलोमा बिट्यो । तिहारको बिदा स'रु ह'न'गन्दा

अधिल्लो दिन, विद्यालयमा हामीले देउसी मैलो जाघर र रङ्गोली प्रतिचोगी(तामा भाजा लिघर तिहार मनाएका थियो । विद्यालयमा रङ्गोली बनाउन सिके को हुनाले मैले जीवनमा पहिलो पटक घरमा पनि रङ्गोली बनाउन सफल भएँ । क'क'र तिहारको दिनमा बिहान चाँडो उठेर मेरी दीदी र म मिलेर हाम्रो क'क'र स्थानलाई पूजा गर्नुभयो र नयाँ चावा र माला लगाइदियो । दिउसो मेरो ब'वा र म मिलेर मन्दिरमा चामलको रङ्गोली बनायौँ । मन्दिरमा मात्र नभएर, गेट र ढोकको अगाडि रातो माटो र जोबरले लिपेर आमाको निदेशन अन'सार मैले स्वस्तिक छाप पनि बनाएँ । लक्ष्मीपूजाको मोलि पट्ट, मै ले मेरी आमालाई सेल र बट'क बनाउन सहयोग गरेँ । बट'क बनाउन मेरी आमाको दाल मिजाउनभयो र मैले दाल क'टें । बट'क मजार जातिको विशेष परिकार हो ।

यस वर्ष मैले जीवनमा पहिलो घोटी वह पूजा हेर्ने अवसर पाएँ । हिजोसम्म वहपूजा भनेको के हो र कसरी मनाइन्छ भनेर मलाई केही थाहा थिएन तर यो साल वहपूजा हेर्न मात्र होइन आफैले अन'भव पनि गर्ने अवसर पाएँ । मेरी साथी आस'काको घरमा एक रात बसेर मैले वहपूजा र तिहारको रमाइलो गर्ने पाएँ । वहपूजा नेवार जातीको पर्व हो । यस दिनमा नेवारहरूले आफ्नो पूजा गर्दा रहेछन् । त्यति मात्र होइन, मैले पहिलो पटक नेवारी भोज पनि खान पाएँ र नेवारी चाडको बारेमा नयाँ नयाँ क'राहरू सिक्न पाएँ ।

२०७९ सालको तिहारमा मैले धेरै नयाँ ज्ञान प्राप्त गरेँ र नयाँ जातिविधिहरू पनि गर्ने पाएँ । मेरी आमाको पछिपछि ल'गेर मैले धेरै सिक्न पाएँ र गर्ने पनि पाएँ । रङ्गोली बनाउनेदेखि वहपूजा अन'भव गर्ने पाउने सम्म मैले तिहार र माइलो र स'सीयालीमा बिताएँ । अर्को सालको तिहार पनि यस्तै रमाइलोमा बितोस् भन्ने कामना गरेकी छ' ।

Cinematography

Subin Lamichhane, Grade IX

Cinematography, the art and technology of motion-picture photography. It involves precise techniques such as the general composition of a scene; the lighting of the set or location, the choice of cameras, lenses and filters, the camera angle and movements, and the integration of any special effects. These may also involve a sizable crew on a feature film, lighting cameraman, or director of photography. Their responsibility is to achieve the photographic images and effects desired by the director.

The earliest motion pictures were filmed as if they were stage plays, using just one or a few cameras in static frontal photography. By the second and third decades of the 20th century, in the hands of such cameramen as Billy Bitzer (working with director D.W. Griffith), cameras were doing close-ups, shooting from moving vehicles, employing backlighting and other lighting effects, and generally being used in ways that separated the motion picture from theatrical tradition. With the coming of sound, the inventive motion was interrupted when the noisy cameras were performed stationary in sound-proof enclosures not easily moved, but the development of silent cameras again made cinematography flexible.

जनैपुर्णिमा

अर्ती ओम्ना कक्षाः ९

हरेक चाडवाडको आ-आफ्नै महत्त्व र सन्दर्भ हुन्छ जस्तै कूलै चाड माटोको चाड हुन्छ, कूलै पानीको चाड र आज यो जनैपुर्णिमा भने घाटो र बन्धनको चाड हो । घाटो अर्थात् बन्धन, पवित्रता र सूरक्षाको बन्धन हो । ब्राह्मण र क्षत्रिय पुरुषहरूले हिन्दू परम्परा अनुसार यज्ञोपवित अर्थात् जने लगाउने चलन र हिआएको छ । बाल्यकालपश्चात् विधिपूर्वक व्रतबन्धन कर्म सम्पन्न गरी गुरु-पुरोहितद्वारा अरुले नसूनेगरी कानमा गाचत्री मन्त्रको उच्चारण गरे पछि छुटा निष्काम्य धर्म र सत्यको बाटो अवलम्बन गर्ने दृढ सहकल्प लिघर देब्रे काँधमाथि पर्नेगरी दाहिने हातको मुल्लिपर पारेर गुरु पुरोहितले मन्त्रेय तयार पारेको जने ग्रहण गरिन्छ । यसरी मन्त्रेको जने ६ वटा काँचो घाटो (६ सूते घाटो) लाई दूई बेजले बेजले गाँठो पारीसकेपछि सबैलाई एक ठाउँमा राखेर तयार पारिन्छ । जसलाई वार्षिक रुपमा आजैको दिन परिवर्तन गर्ने चलन र हिआएको छ । जनैमा रहने दूईवटा शिखाका छ वटा घाटो डोरा मध्ये छुटा शिखामा रहेका तीनडोरालाई ब्रह्मा, विष्णु र महेश्वर तथा अर्को शिखाको तीन डोरालाई कर्ण, उपासना र ज्ञानको योग मानिन्छ । यस दिन गुरुबाट रक्षा बन्धन पनि बाँच्ने चलन छ । यस दिन बाँधुको रक्ष (बन्धनको घाटो निकालेर जाई तिहारकादिन जाइलाई माला उनेर लगाइदिने अथवा पुच्छरका बेरीदिने चलन पनि छ । हिन्दू परम्परा अनुसार यसो गर्दा पुण्य प्राप्त हुने विश्वास रहे आएकोछ । कतिपयले आफै गुरु पुरोहितकहाँ जाई या मठ मन्दिरमा जाघर रक्षाबन्धन बाँच्ने गर्दछन् । यसै दिन दिदीबहि(नीहरूले आफ्ना दाजु-भाइका दाहिने हातका नाडिमा दिव्यसू र सफलताको कामना गर्दै रङ्गीपङ्गी घाटो र फूल जोडिएको राखी लाइदिने चलन चल्ये आएको छ । नेपालको तराइक्षेत्र लगायत भारत, बैलादेश लगायतका देश(रुमा राखीको चलन रहेको छ र यस चाडको महत्त्व एकदले बढिरहेको छ । यस दिन काठमाडौँको पशुपतिनाथ, मकपुरको कुन्जेश्वर महादेव, रज्वाको गोसाँईकुण्ड, जनकपुरको गौसागर, धनुषसागर, सोलुखुम्बुको दूधकुण्ड, स्रोटाङको हलेसी, जुमलाको दानसाधु, नगरकोट लगायतका पर्वतीय शिखर, महादेवस्थान र त्रिवेणीधामहरूमा मेला पनि लाग्दै आएको छ । यो चाडमा छुटाउने नहुने विशेष परिकार भनेको मिजाघर अहकूरित भएका गौडागुडीबाट बनेको वरौटी हो ।



My Ambition In Life

Neir Amatya Grade VIII

"If you know the enemy and know yourself, you need not fear the result of a hundred battles. If you know yourself but not the enemy, for every victory gained you will also suffer a defeat. If you know neither the enemy nor yourself, you will succumb in every battle." - The Art of War by Sun Tzu

Ambitions are simple interests that you have while being in a simple state of mind. Common interests that people have like sports, studies, etc lead to admiration and then to ambition. My friends have a common interest of football but that doesn't make all of them want to pursue being a world famous football player. Different people with different minds have different ideas. Some may be possible, some not so much but one thing all of them must have is passion. Passion is something that can lead a person from a poor lifestyle to a great success. It is always good to have a certain interest in something whether it is in academics or games or any other pursuit.

Currently my main ambition is to be a Gurkha. Gurkhas are strong warriors who represent willpower and courage. They are willing to help and protect their motherland. Gurkhas are trained in hand to hand combat as well as using guns. They have the body strength of a bull and the power of a lion. They are as sharp as an eagle and as fast as a cheetah. Gurkhas are recognized as fierce beings and people run away from just the sight of their flag. They are the strongest among the strong and toughest of the tough. I admire them and have a burning passion to be like them. This instance is a feeling of my pride and honour to be one of these brave souls. I have always dreamt of joining the Gurkha army, I see them train endlessly and tirelessly everyday no matter what the weather is like, they don't give up on their goals and strive to be the best they can. I have a lot of admiration for the Gurkhas and, the day I become one of them I can truly say that I have lived my life to its fullest.

Joining the Gurkhas is the ambition of my life. Being a human being with a strong blazing passion is what I want to do in my life.

चन्द्रागिरि भ्रमण

बिशाल राज खनाल कक्षा ९



चन्द्रागिरि केबलकार स्टेसन काठमाडौंको दक्षिण-पश्चिम भाग धानकोट, काठमाडौंमा पर्दछ । पहिले मान्छेहरूले यस ठाउँलाई भालेश्वर महादेव भनेर चिन्थे हाल आएर यसको नाम चन्द्रागिरि रहन गएको हो । यस ठाउँमा सतीदेवीको शिर पत्न भएकाले भएर यस ठाउँलाई भालेश्वर महादेव भनिंदोरहेछ । यो ठाउँमा धेरै आस्था र मान्यता रहेका छन् । यस ठाउँको स्थापना सन् २०१७ मा भएको थियो ।

हामी कक्षा ९ का विद्यार्थीहरू रक्षिक भ्रमणका गर्न चन्द्रागिरि गएका थियौं । चन्द्रागिरि भ्रमण निकै सज र आनन्ददायी छ । पहिले मान्छेहरू केबलकारको सुविधा नहुँदा ३-४ घण्टा लगाएर पैदल हिँड्दै माथिसम्म पुग्थे । अहिले केबलकारको सुविधाले तल्लो स्टेसनदेखि माथिल्लो स्टेसन पुग्न १० मिनेट लाग्छ । हामी हाडो स्कूलबाट चढे साना साधर चन्द्रागिरिर्ताफ लाग्यौं । बाटोमा हामीले विभिन्न गीतहरू गाएर, हाँसेर, कुरा गरेर रमाइलो गर्दै, हामी चन्द्रागिरिसम्म पुग्यौं । चन्द्रागिरि जाने भनेर बिहानदेखि मन उत्सुकले भएरै गएको थियो । हामी विभिन्न समूहमा विभाजित भएर विभिन्न केवल कारमा चढेर माथि गइरसम्म पुग्यौं । हामीलाई हावा शिक्कहरूले सोजन, अच्यपन गर्न, घुम्न दुई घण्टा दिनुभयो । त्यसपछि सुरुमा हामीले भिदर दर्शन गर्नुभयो, त्यसपछि पृथ्वीनारायण शाह र भिदरको इतिहासको बारेमा अच्यपन गर्नुभयो । अच्यपन गर्दागर्दै भोक लागेर पेट कराउन सुरु भयो, भोक लागेको भनेर हामीले विभिन्न सानेकुरा खाँयौं । साना साइसकेपछि हा(लीले त्यहाँ आएका पर्यटकहरू र त्यहाँ रहेका कर्मचारीहरूसँग त्यहाँको बारेमा केही सोधपूछ पनि गर्नुभयो । सोधपूछ गरेपछि हामीले धेरै कुराको जानकारी पायौं, जस्तै अधिकांश पर्यटकहरू अनलाइनमा ठाउँ हेरेर आएका रहेछन् । पहिले मान्छेहरू पानी नपर्दा यस ठाउँमा आएर पूजा गर्दा रहेछन् । पछि हामीले त्यहाँबाट देखिने हिमालहरूको दृश्य पनि अवलोकन गर्नुभयो ।

उपयुक्त वातावरण र दृश्यहरूले होला मन अच्यवै शान्त र मोहक भयो । पछि माथिबाट फर्किँदा हाडो केवलकार बीचमै रोकियो एकछिन्न निकै डर लाग्यो । पछि केवलकार चलन थालेपछि डर भाग्दै गयो । हामी सबै तल पुग्यौं र त्यसपछि भेला भएर स्कूलर्ताफ लाग्यौं । यो घुम्न अविस्मरणीय यात्रा थियो र हामीले यस यात्राबाट निकै कुरा थाहा पायौं ।

Sports Week 2079

Subekshya Bhandari Grade: IX



Here at IWS, we try to achieve a perfect balance between curriculum and sports . That's why, like every other year we had our annual sports meet but this time it was more special to us than usual. It's because for the past two years we did not have the opportunity of playing sports due to COVID-19 . But we were hopeful this year that it would be the most thrilling, inspiring and electrifying event at IWS . We can feel the excitement in the air when the sports meet is around. Sports mirror today's competitive society. Students learn that winning and losing are both temporary and a part of life but the most important thing is that they should not learn to give up or quit. Sports also help students learn teamwork. Keeping this in mind, we had our annual sports meet start from the 6th of November.

The first three days were spent building teams and selecting players and the actual competition started from the 9th of November. Everyone arrived at school with the spirit of winning .We started the event with a special assembly in which 30 members from each house march-past showing respect to the sports meet like any other formal event. We started the event

with our national anthem followed by a set of drills for which we were being given points so we could add to our overall house points . In sports, everything counts: discipline ,encouragement ,character and we were being judged and watched for all of these things which taught us that winning wasn't just the score on the board . After the march past, we were spread into different blocks of the school for different sports like athletics , indoor-games, outdoor games etc. During this week all the students indulged in both outdoor as well as indoor activities competing with their peers in a variety of events like track events, long jump, 50 metres and 100 metres relay race, dash, a variety of sports like futsal, badminton, volleyball and indoor games like table tennis, chess,musical chair,etc.Everyone was engaged in something throughout the whole week and that created a stronger bond between students. New friendships were made and old friendships were stronger than ever . This caused us to learn the value of working together and having a common goal. But at the end of the day students of IWS showed sportsmanship like none other could . Looking around the fields of IWS gave me goosebumps because I could see how sup-

portive everyone was towards each other regardless of the team they belonged to .

Then finally it was Friday, the day for the most exciting tournament as we would have football and volleyball tournaments. These games were the marquee game everyone looks forward to throughout the year. I mean what can you expect when football has such an important place in our society . The match wasn't just a match, it was like everywhere you looked, people were filled with excitement and even the people who weren't playing were full of nervousness and that's the actual fun of it. It was an emotional moment as our sports meet had come towards the end with another march-past and a closing ceremony which was followed by distribution of medals .Moments like these from school are the ones I will remember forever. It's special to every single one of us and we're already looking forward to next year's sports week

Football

Maulik Mainali Grade II

Football is an outdoor game which is the most popular game in the world. Football is also called "soccer" in North America, South Africa and Australia. The name football is a combination of two words, "foot" and "ball" where players run and kick a big ball with their foot. Football is played between two teams and each team has 11 players in it and one of the players is a goalkeeper. There is a goal post constructed at both ends of a big ground where a big net is tied with the goalpost. Each player competes with his opponent and tries to kick the ball into the opponent's goal post which is called a goal. My favourite football player is Cristiano Ronaldo.

आमा

प्रान्सा श्रेष्ठ कक्षा - ४

आमा तिमीले जन्म दिई
धेरै कुराहरू सिकायौं
दश महिना कोसमा राखी
यो धर्तीमा टेकायौं ।

न दिन न रात न भोक भनी
हरपल हरदिन हामीलाई रचाहा-थ्यौं
साना नसौंदा हामीहरूलाई
को साईं को साईं भनी स्यायौं ।

धकटिन मात्र बिरामी भयो भने पनि
घामीभैँसी अनि डाक्टरकोमा देसायो
धकछिन बाहिर गएर आउँदा
हतार हतार हामीलाई रचाहान आयो
आमा तिमीले उठवल् भविष्यको लागि
जानी नजानी क ,स ,ग ,घ पढ्न सिकायौं ।

फूल

श्रेयाहक शाक्क कक्षा : ४ (नारायणी)

मलाई फूल मनपर्छ
फूललाई माया गर्नुपर्छ
यसको बारना गिठो हुन्छ
पानी नभए फूल मर्छ ।
फूलहरू हुन्छन् राधा
छर्छन् गिठो बारना
फूलहरू हुन्छन् रङ्गीघड्गी
फूलका छन् धेरै सङ्गी ।
भगवानलाई चढाउँछौं हामी फूल
प्राकृतिक सौन्दर्य हो फूल
हाडो राष्ट्रिय फूल हो लालीगुराँस
फूल सबैलाई हो सास ।



Gossips

As another newsletter season kicks in, I am very sad(🥺🥺) to bring you the news that your ex-gossip column writers have been rested🥱. Oops🤦. But hey👉👈 great news is that BOO we are the new writers👉👈 bringing forth the best gossip in town (school but town sounds way better). I really hope we don't get fired🥱. Well well I am not gonna hold you up for long like the ex-writers did last time so let's get straight to the deal👉👈. Here is your favorite part of the whole newsletter👉👈.

OKAY now see, we're gonna get juicy and cruel. DON'T BE OFFENDED!

First up the most common gossip: our favorite teacher MR.WHERE_IS_YOUR_HALL_PASS👉👈 and everyone's beloved MR.NO_GOING_OUT_DURING_CLASSES👉👈 had a daughter and a son👉👈. Congrats to them. I hope they don't turn out like us👉👈 but turn out to be even better than us. I mean it's common knowledge that WE ARE THE BEST👉👈. Also, they might turn into future singers BECAUSEEEEE their parents are AWESOME singers and one was even in a choir for 5 YEARS!!!

Okay okay enough of that.

Recent news say that our super tall teacher MR.SIX_FOOT_TALL_AND_SUPER_STRONG👉👈 threw a birthday party👉👈 for the teachers on his birthday BUT👉👈 BUT👉👈 BUT👉👈 MR.FAMILY_GUY DIDN'T SHOW UP!! Well the reason was cuz he had plans with his family BUT SKIPPING A FRIENDS BIRTHDAY!!👉👈 THAT ONLY COMES ONCE A YEAR!!!👉👈 UNACCEPTABLE👉👈👉👈

We also heard that one of our teacher was spotted climbing out of a classroom through the WINDOW!!!👉👈 So much for them scolding us when we do it while you do it yourself but no hate to the teacher, we later learnt that it was an emergency and i hope you don't get fired (p.s im really sorry for opening the poles about you like this👉👈)

Enough about the teachers, lets delve into some studenty gossips👉👈 So we all know about our "problematic duo"👉👈 and apparently they were spotted having a trauma dumping session near the girls wash-

room. i don't know about you but i'm thinking of getting some therapy advice from them. (probably a bad idea)

ALSO, another hot topic:

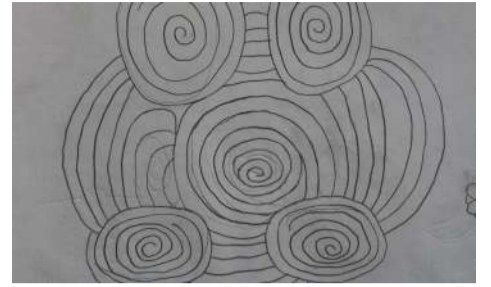
Our Premier League Winning Club's👉👈 player A SENIOR STUDENT!!! MR. I_KNOW_I_AM COOL👉👈 (he isn't) lost a game to another school (MOON-TIGER SCHOOL) because of 3 SUCIDE GOALS!!!👉👈 OOPS. Even a kid would not stupid enough to do that.👉👈 Well, you do you bro.

Art of grade 3





Art of grade 1



Art of grade 2



Various activities



Students of grade II demonstrating the model of volcano.



Junior wing participating on the Mathematics Trivia 2019.



IWS teachers after attending a one day intensive Non-Violence Communication training.



Grade III executing IPC tasks.



Teachers retreat at Ranikot Resort.



Winner of musical chair competition.



Students representing our rich culture and costumes.



Enthusiastic learner all set to celebrate Children's Day.



Grade I IPC exit point performance.



Grade II on IPC exit point.



School's chairman Kumar Karki signing MOU with the Dean of Kathmandu University School of Education (KUSOED) professor Bal Chandra Luitel.



Meticulous observation of an experiment with the science teacher Prabesh Dulal.



Action based Learning



Students of grade V learning by doing the art work on their IPC exit point.



Field trip to ICIMOD.



Our Principal Laying the foundation and inaugurating the swing.



Students of grade I performing a Nawadurga dance.



Student receiving Tika and Jamara.



Students from various schools participating 9th edition of Iranian Geometry Olympiad at IWS.



School's nurse Sarita Kunwar delivering a session on first aid after accident.



Students on an excursion.



Member of IWS Student council singing the national anthem before a regular meeting.



Students being awarded with certificates and medals.



Exquisite Rangoli made during Rangoli competition.

Various activities



Students performing Deusi Bhailo during Tihar Celebration.



Students being conferred with the Students of the month certificates.



नेपाली हिउजे प्रतियोगितामा सहभागी विद्यार्थीहरू



Students of grade II on a field trip to Central zoo Jawalakhali.



Students observing the animals at the Central Zoo.



Trophies being distributed on various categories.



March Past on sports day opening ceremony.



Referees taking the oath before the games.



Oath taking ceremony and sports week 2079 inaugural.



Students playing game during Sports Week 2079.



Marble and Spoon race on Sports day.



Students competing in badminton competition.



Referee ensuring a fair play on badminton match.



Games and sports at IWS.



Yellow house with trophy and medals.



Blue house with trophy and medals.



Medals and certificates for Sports day.



The head girl handing over school's flag.



Green house with trophy and medals.



Red house with trophy and medals.



Fumigation against Danguie at IWS premises.



Students being engaged in a discussion.



Professor Paul from Macquarie University Australia being felicitated for a session at Imperial World School.



Students participating in Quiz contest.